

## Wed, Jun 21

**3:00 PM - 6:00 PM - Arrival & Check-in**

**6:00 PM - 7:00 PM - Dinner**

**7:00 PM - 9:00 PM - Removing The Mask Circle**

## Thurs, Jun 22

**8:00 AM - 8:45 AM - Breakfast**

**9:00 AM - 1:00 PM - Pattern Mapping 1**

**1:00 PM - 2:00 PM - Lunch**

**2:00 PM - 4:00 PM - Pattern Mapping 2**

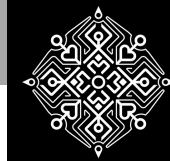
**4:00 PM - 6:00 PM - Ancestral Healing Shaman Rites & Breathwork Ceremony**

**6:00 PM - 7:00 PM - Catered Dinner**

**7:00 PM - 7:30 PM - Break**

**7:30 PM - 9:00 PM Setting Sacred Space Workshop**

# ANCESTRAL LINEAGE HEALING



## Fri, Jun 23

**8:00 AM - 8:45 AM - Breakfast**

**9:00 AM - 1:00 PM - Transformation Sessions 1, 2, 3, 4**

**1:00 PM - 2:00 PM - Lunch**

**2:00 PM - 6:00 PM - Transformation Sessions 5, 6, 7, 8**

**6:00 PM - 7:00 PM - Dinner & Discussion**

**7:00 PM - 9:00 PM - Ancestral Lineage Workshop**

## Sat, Jun 24

**8:00 AM - 8:45 AM - Breakfast**

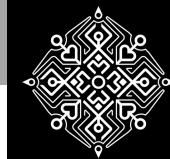
**9:00 AM - 1:00 PM - Transformation Sessions 9, 10, 11, 12**

**1:00 PM - 2:00 PM - Lunch**

**2:00 PM - 5:00 PM - Transformation Sessions 13, 14, 15, 16**

**6:00 PM - 7:00 PM - Dinner**

**7:00 PM - 9:00 PM - Fire Release Ceremony & Celebration Night**



Sun, Jun 25

**8:00 AM - 10:00 AM - Sleep in**

**10:00 AM - 11:00 AM - Breakfast**

**11:00 AM - 12:00 PM - Close Circle**

**12:00 PM - 2:00 PM - Hugs & Goodbyes if you aren't staying for the journey!**

## WHAT TO BRING:

- SANGA Journal (if you already have one) Worksheets and fresh paper provided
- Digital writing tablet if you prefer that over a paper journal
- Clothes to move and be comfortable
- A special item for the ceremony (Stones, crystals, sacred piece)
- Comfortable pajamas to hang out in after dinner
- Slippers (optional)
- Hiking Shoes
- Water Bottle
- Eye Masks
- Ear PLugs (optional)
- PI Stone for Ceremony (If you received one already)